

## Outputs and Outcomes Expectation Report



**Please submit this completed form with your application. The information contained in this report will also be utilized in the follow-up report which is due when the project is complete.** All final grant reports must include financial statements showing grant distribution. Expand and contract the numbers as appropriate. This may require two pages. For any questions, please contact our Grants Manager, Whitney Crandall at [whitney@communityhealthfoundation.org](mailto:whitney@communityhealthfoundation.org)

**Outputs are the direct product of activities of your program. They are the quantitative/countable result of work such as number of people served, number of training sessions, number of classes offered, amount of food distributed, etc.**

### **The Grantees' Planned Outputs:**

1. Rescue roughly one million pounds of viable food from various sources such as grocery stores, schools and restaurants
2. Distribute an estimated one million pounds of rescued food to approximately 14,000 clients per year
3. Provide an estimated 400 clients with nutrition education through 12 training sessions

**Outcomes are the measurable, specific, meaningful changes for individuals or populations during or after participating in program activities. They are the intended consequence and impact that occurs in response to your outputs. Some examples of outcomes may include improved health, new skills, increased confidence, enhanced knowledge, new positive behavior, etc.**

### **Expected Outcomes, which we will measure during grant period:**

1. Increase in client knowledge of issues specific to their own health
2. Positive changes in client dietary habits in at least 20% of training attendees by way of nutrition training demonstration
3. Increase client's repertoire of healthy foods and willingness to try unfamiliar but healthy foods and recipes

### **Expected Outcomes which we intend to measure following the grant period:**

1. Same as part 2

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2.

3.

### **Valuable Outcomes which may not be measurable during or after the grant period:**

1. Decreased incidence of poor physical health days as clients apply what they have learned
2. Subtle positive changes in clients financial state such as reduced medical and prescription bills and grocery money that stretches further

### **Other factors which influence outcomes over which we have no control:**

1. Adverse weather and other variables that influence crowd size during training sessions
2. Clients who do not see health as important enough to change their behavior and eating habits
- 3.